

STED

Robert Polster

Classical

Limits of Resolution

Modern Microscopes

STED-
Microscopy

Principle

Technical Details

State of the Art

Examples

STED Microscopy

Breaking Abbes-Law

Robert Polster

20. Mai 2010

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Principle

Technical Details

State of the Art

Examples

- 1 Classical Microscopy and Limits
 - Limits of Resolution
 - Modern Microscopes
- 2 STED-Microscopy
 - Principle
 - Technical Details
 - State of the Art Examples

Abbes Limit

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Limits of Resolution

Modern Microscopes

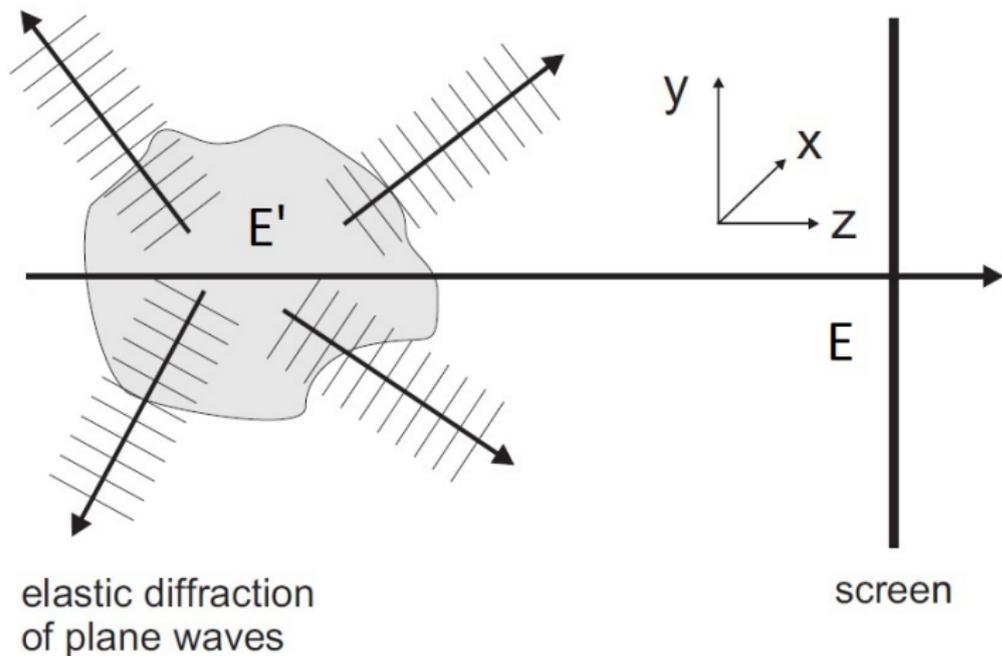
STED-
Microscopy

Principle

Technical Details

State of the Art

Examples



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Limits of Resolution

Modern Microscopes

STED-
Microscopy

Principle

Technical Details

State of the Art

Examples

An electromagnetic wave propagates as:

$$\vec{E} = \frac{1}{4\pi^2} \int \int_{-\infty}^{\infty} \vec{E}' \cdot H dk_x dk_y dx' dy'$$

with

$$H = e^{i(k_x x + k_y y + k_z z)}$$

k_z can be expressed as:

$$k_z = \sqrt{k^2 - k_x^2 - k_y^2} = 2\pi \sqrt{\frac{1}{\lambda^2} - \rho^2}$$

k_z describes an evanescent wave, if $\lambda < 1/\rho$.

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Limits of Resolution

Modern Microscopes

STED-
Microscopy

Principle

Technical Details

State of the Art

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Limits of Resolution

Modern Microscopes

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Microscopy

Principle

Technical Details

State of the Art

Examples

Conclusions:

The information of an evanescent wave vanishes in the far field.
Because of the missing information we can not:

- reconstruct the scattering object
- construct infinitely small focus point

Best resolution:

$$\Delta x \approx \frac{\lambda}{2}$$

Optical Aperture

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Limits of Resolution

Modern Microscopes

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Microscopy

Principle

Technical Details

State of the Art

Examples

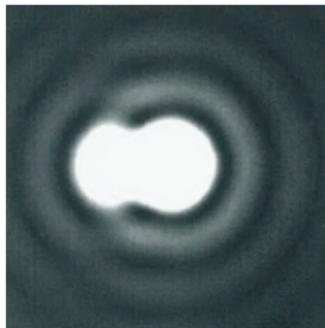
The resolution is $\lambda/2$, if you are able to collect every k-vector. As every microscope has a specific angle of acceptance the resolution is after the Rayleigh-Criterion:

$$\Delta x = 0.61 \frac{\lambda}{NA}$$

$$NA = n \sin \alpha$$

n = refraction index

α = angle of acceptance



Microscopy methods

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Principle

Technical Details

State of the Art

Examples

Modern commercial approaches to reach the resolution limit:

- ordinary Far Field Fluorescence Microscopy
- Scanning Confocal Microscopy

or even to break the resolution limit:

- Near Field Microscopes

Confocal Microscopy

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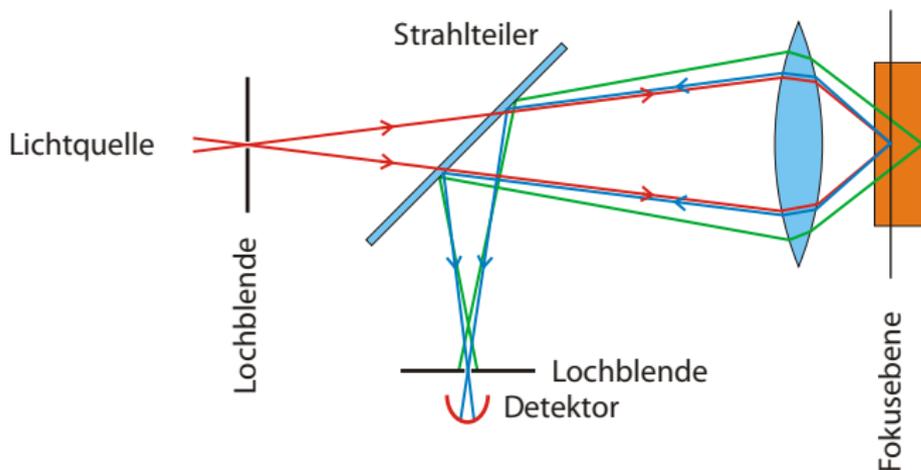
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Principle

Technical Details

State of the Art

Examples



Resolution:

- transversal $200 \text{ nm} \propto (PSF)^2$
- longitudinal 500 nm

With a wavelength of:

$\approx 500 \text{ nm}$

¹ source: http://en.wikipedia.org/wiki/Confocal_microscopy

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Modern Microscopes

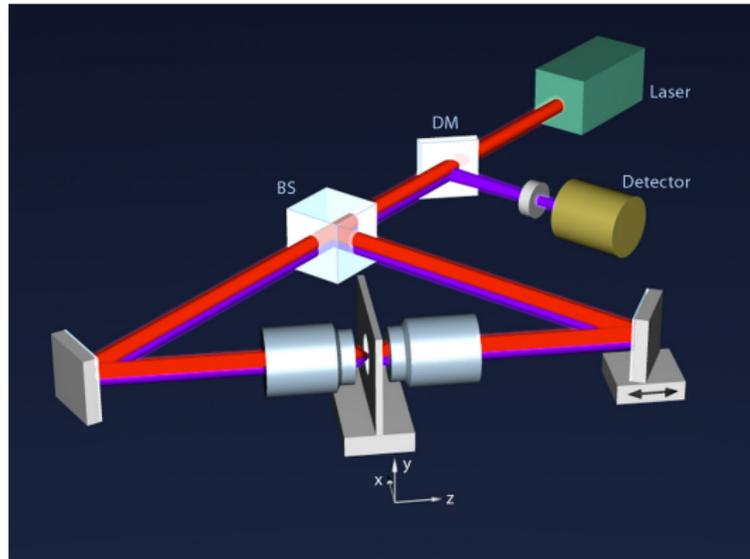
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Principle

Technical Details

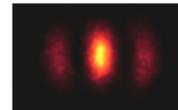
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Examples



Resolution:

- transversal 200 nm
- longitudinal 80 nm

Better resolution because of
interference pattern at probe

2

source: Bewersdorf, A. Egner, S.Hell "4Pi Microscopy". In: Handbook of Biological Confocal Microscopy, pp. 561-570, Ed. J. Pawley, Springer, New York. 2006

Near Field Microscope

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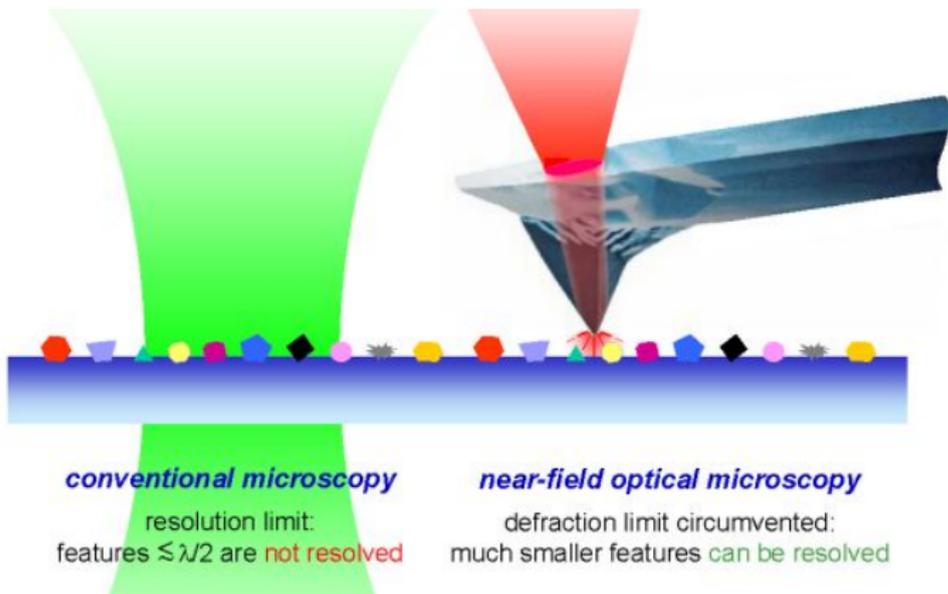
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Technical Details

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Examples



- tip: local scatterer
- converts near to far field
- transversal resolution: 80 nm

- only surface sensitive
- challenging setup

3

source: <http://nahfeldmikroskopie.de/allgemeines.html>

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Technical Details

State of the Art

Examples

STED Microscopy

Stimulated Emission Depletion Microscopy

Basic Principle Step 0

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Modern Microscopes

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Principle

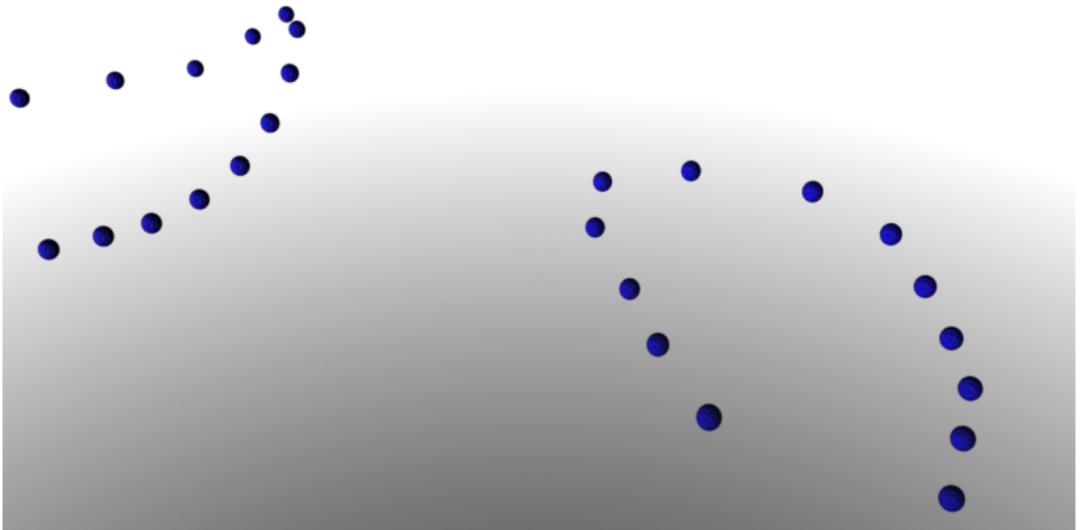
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State of the Art

Examples

The goal

Make an image of a cell with previously inserted dye molecules for fluorescence microscopy.



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Principle

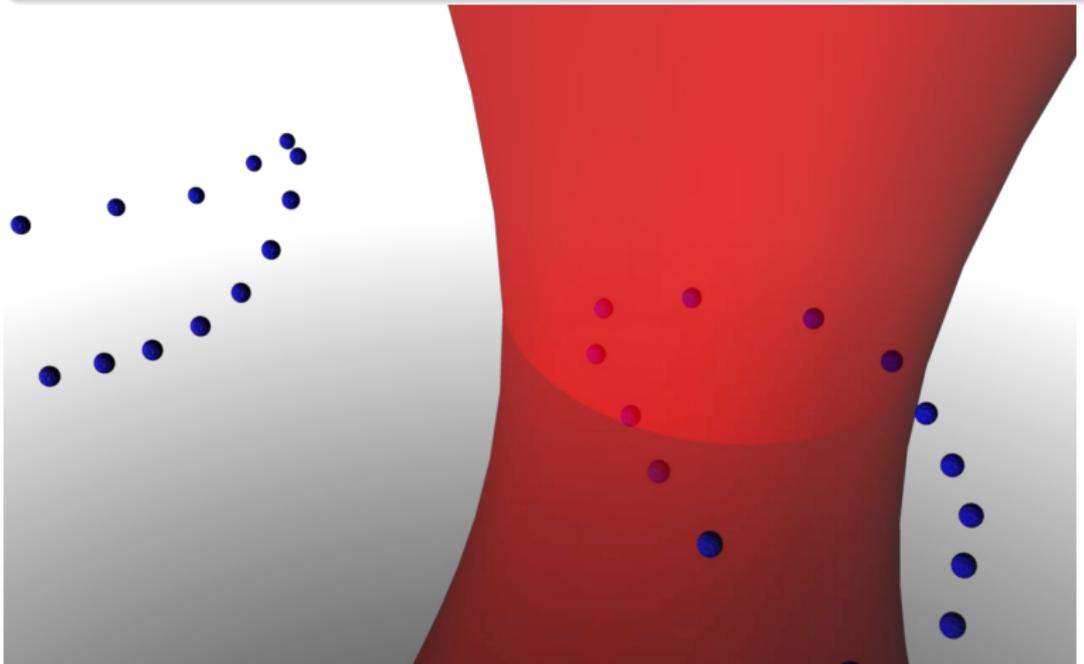
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Examples

Excite the dyes

As in every fluorescence microscopy the dye molecules are excited by a Laser.



Basic Principle Step 2

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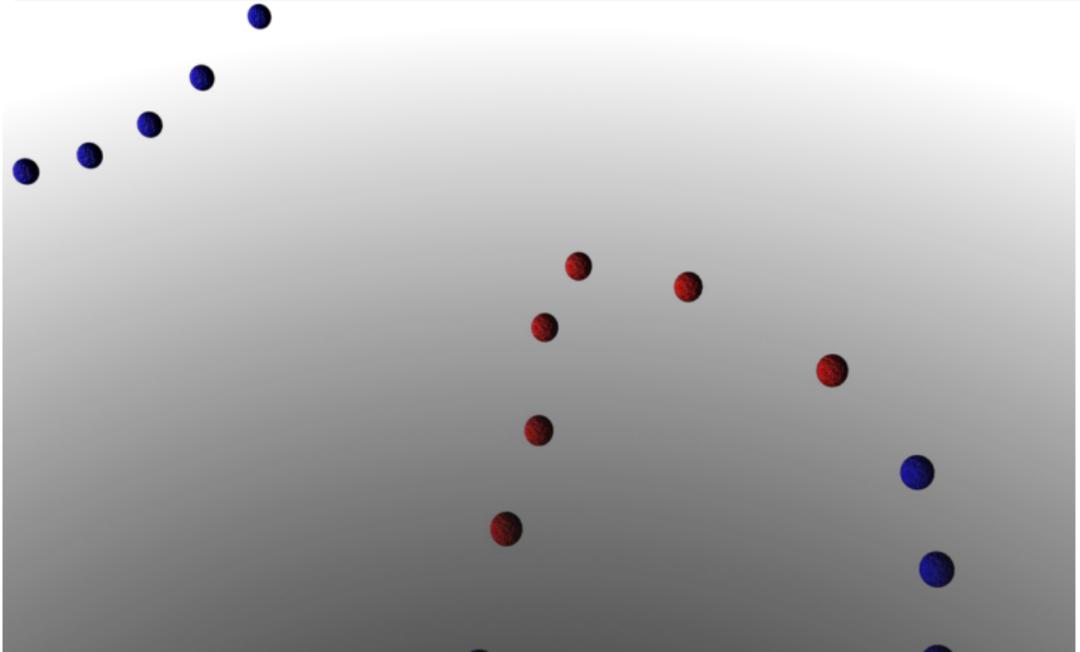
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Technical Details
State of the Art
Examples

At the edge of breaking the limit

The Laser excites too much dye molecules for a good resolution. As we could not distinguish the light of the different dye molecules.



Basic Principle Step 3

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Principle

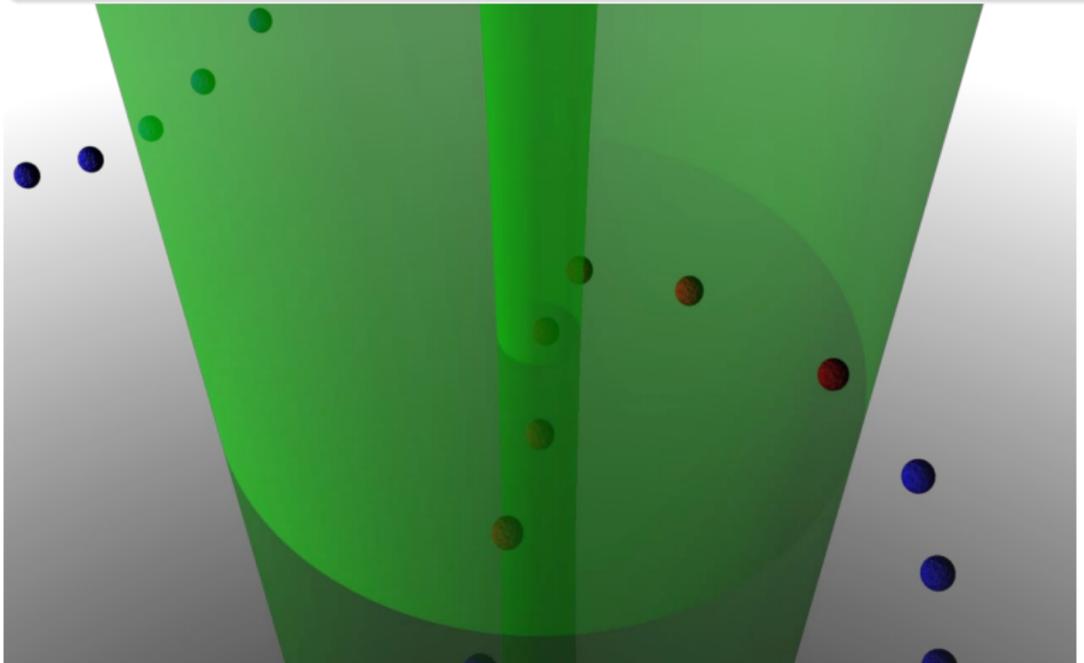
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State of the Art

Examples

De-excitation of the dye molecules

Another Laser with a donut shaped focus deexcite the molecules by stimulated emission.



Basic Principle Step 4

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Modern Microscopes

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Microscopy

Principle

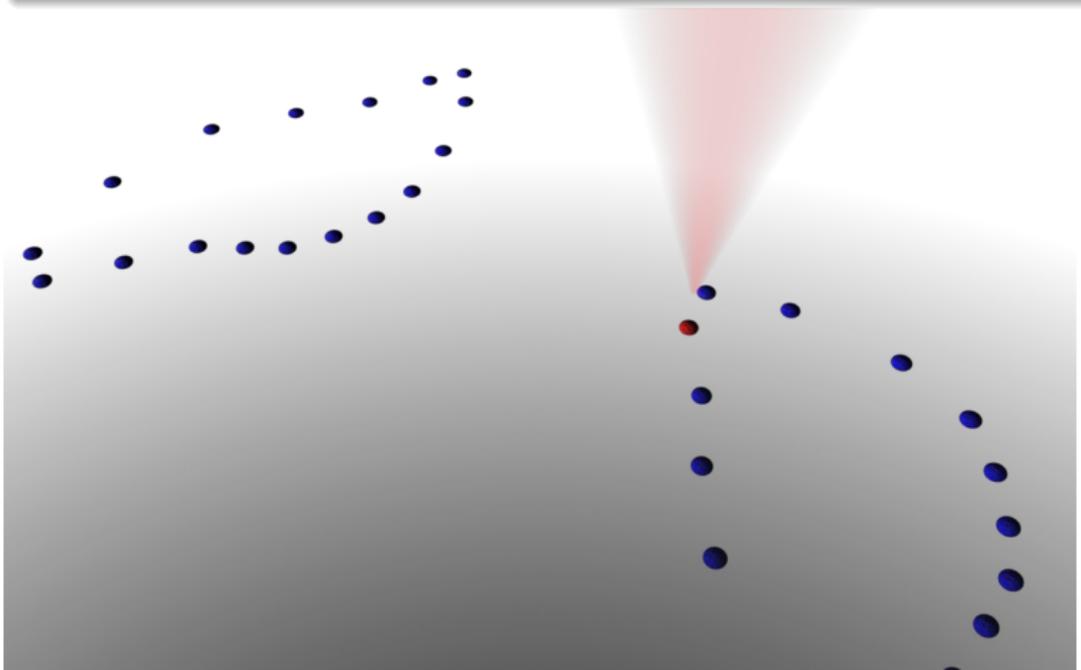
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Examples

Finish

Only selected molecules are still excited and can emit. Hence Abbes-Law is broken!



The Dye

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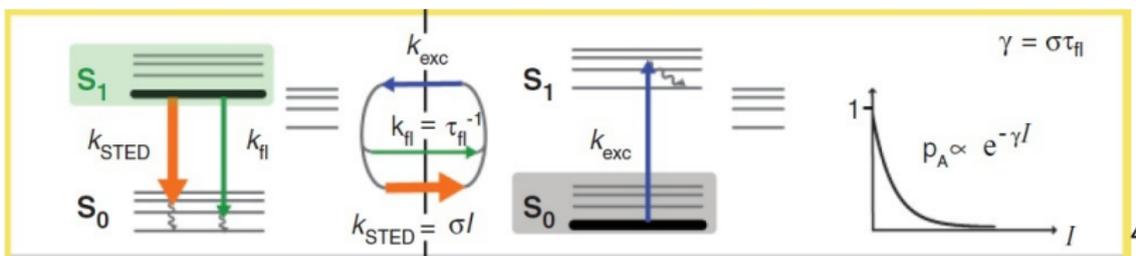
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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle

Technical Details
State of the Art
Examples



Important attributes of the dye:

- 2 level system
- the lower level has sub levels
- decay time of excited level (k_{Fl}^{-1}) \gg laser pulses
- decay rate of sub levels (k_{vib}) \gg re excitation rate

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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle

Technical Details
State of the Art
Examples

Depletion of the fluorescence level:

$$\frac{dN_1}{dt} = -N_1\sigma I_{STED}/\hbar\omega + N_0\sigma I_{STED}/\hbar\omega - N_1k_{FI}$$

STED-Beam Intensity

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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle
Technical Details
State of the Art
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$$\frac{dN_0}{dt} = N_1\sigma I_{STED}/\hbar\omega - N_0\sigma I_{STED}/\hbar\omega - N_0k_{vib}$$

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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle
Technical Details
State of the Art
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$$k_{vib} \gg \sigma I_{STED}/\hbar\omega \gg k_{FL} \rightarrow N_0 \approx 0$$

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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle
Technical Details
State of the Art
Examples

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$$k_{vib} \gg \sigma I_{STED}/\hbar\omega \gg k_{FL} \rightarrow N_0 \approx 0$$

$$\Rightarrow N_1 \propto e^{-\tau\sigma I_{STED}/\hbar\omega}$$

STED-Beam Intensity

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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle
Technical Details
State of the Art
Examples

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$$k_{vib} \gg \sigma I_{STED}/\hbar\omega \gg k_{FL} \rightarrow N_0 \approx 0$$

$$\Rightarrow N_1 \propto e^{-\tau\sigma I_{STED}/\hbar\omega}$$

We can estimate $N_1(I_{STED})$ as a step function which becomes 0 at $I_{STED} = \frac{\hbar\omega}{\tau\sigma}$

Area of Excited Molecules

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Limits of Resolution

Modern Microscopes

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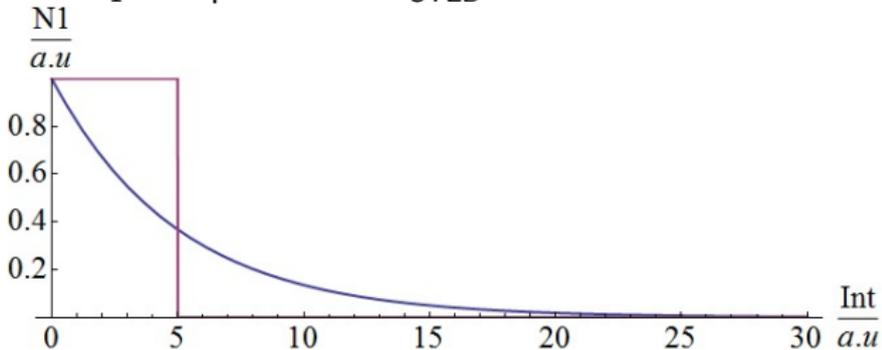
Principle

Technical Details

State of the Art

Examples

The N_1 occupation over I_{STED} :



Area of Excited Molecules

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Limits of Resolution
Modern Microscopes

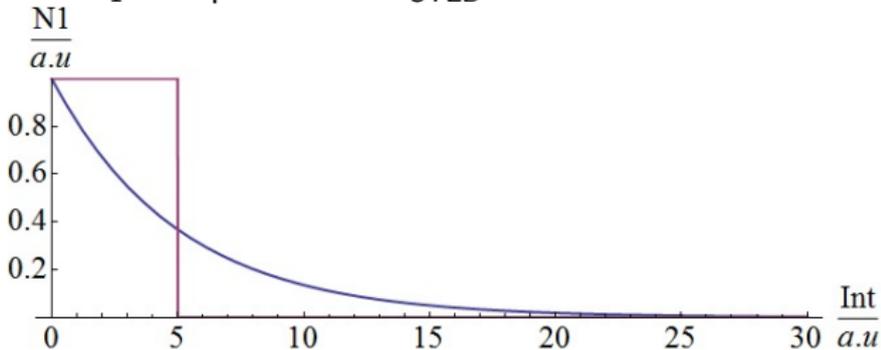
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Microscopy

Principle

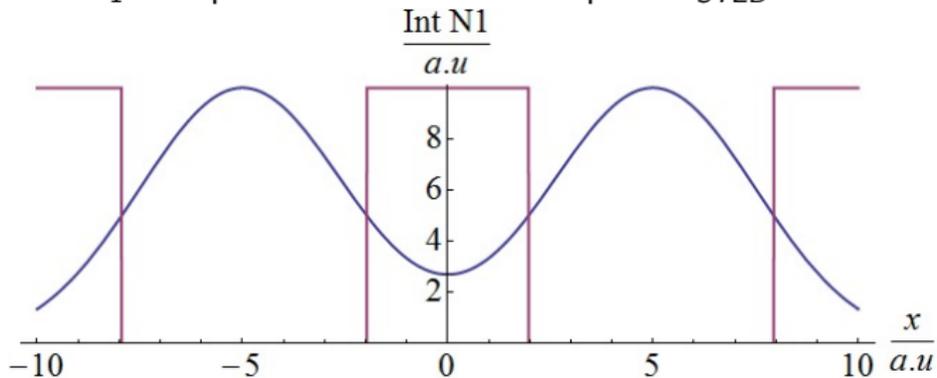
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State of the Art
Examples

The N_1 occupation over I_{STED} :



The N_1 occupation folded with the spatial I_{STED} distribution:



New Resolution

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Limits of Resolution

Modern Microscopes

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Principle

Technical Details

State of the Art

Examples

Resolution of a STED microscope

$$\Delta x = \frac{\lambda}{2 \cdot NA \cdot \sqrt{1 + \frac{I_{STED}}{I_{Sat}}}}$$

As the improvement is due to the limited area of light sources I_{STED} must be the crucial parameter.

The Donut-Mode

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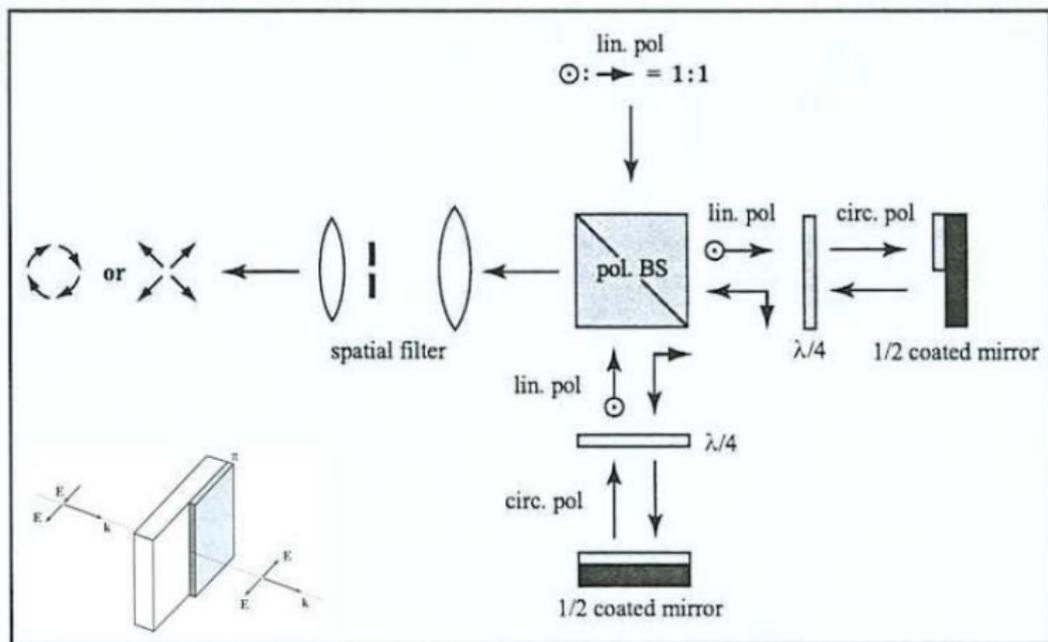
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Modern Microscopes

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Microscopy

Principle

Technical Details
State of the Art
Examples



The minimum in the center of the STED Focus is made by giving the half of the inner laying beams an phase shift of π

The STED Setup

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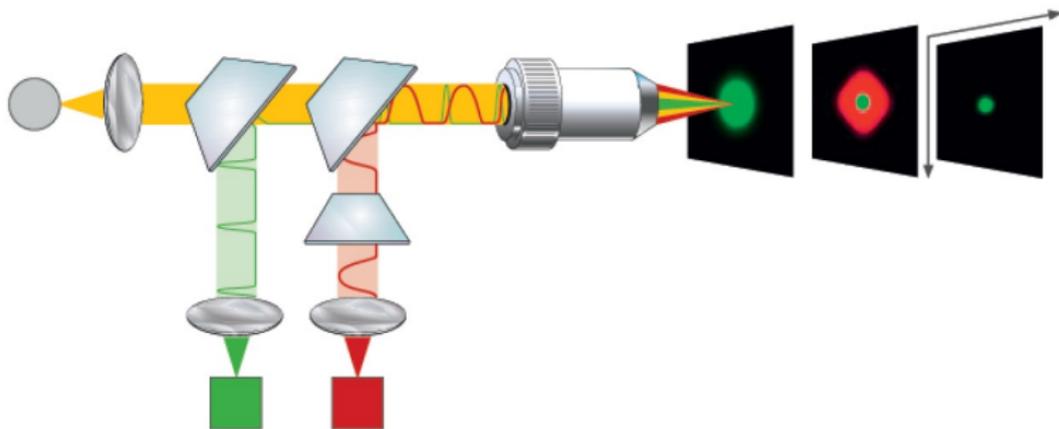
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Modern Microscopes

STED- Microscopy

Principle

Technical Details

State of the Art
Examples



5

The STED setup is similar to the setup of a confocal or 4Pi microscope. With the difference that one more beam has to be coupled into the optical axes.

⁵ source: Imaging with the Leica TCS STED a Practical Guide

Proof of Concept

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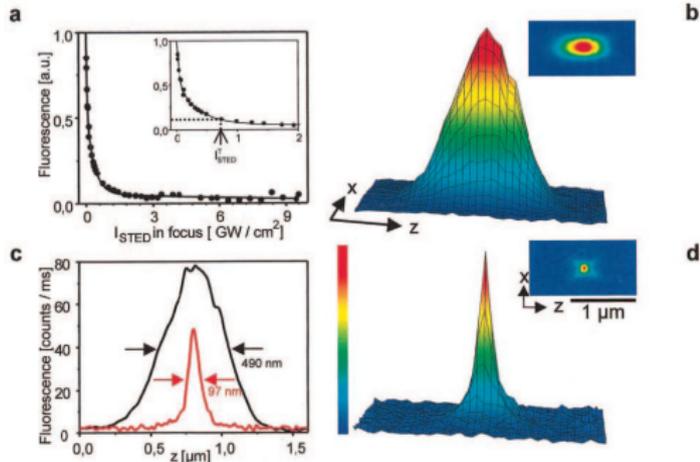
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Limits of Resolution
Modern Microscopes

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Principle
Technical Details
State of the Art
Examples



Experiment details:

- dye: LDS 751
- $I_{STED} = 2.8 GW/cm^2$
- $\lambda_{exc} = 540 nm$
- $\lambda_{STED} = 700 nm$

Results:

- a) predicted dependence N_1 from I_{STED}
- b) measured lateral FID⁷ without the STED beam
- c) reduced axial FID with the STED beam
- d) reduced lateral FID with the STED beam

⁶ source: Hell et al., Fluorescence microscopy with diffraction resolution barrier broken by stimulated emission

⁷ FID stands for fluorescence light intensity distribution

STED Applications: Biophysics

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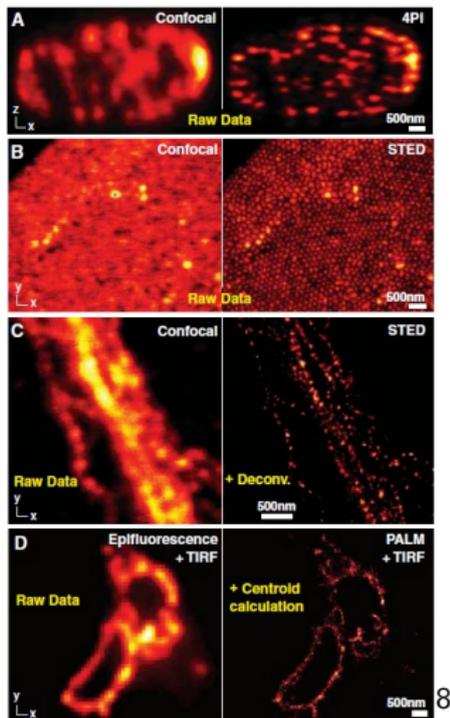
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Modern Microscopes

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Principle
Technical Details
State of the Art
Examples



Resolution:

- transversal 16 nm
- longitudinal 32 nm

Probes:

- a) microtubules in a neuron
- b) silica nanobeads
- c) neurofilamente
- d) cell membrane

Record of Resolution

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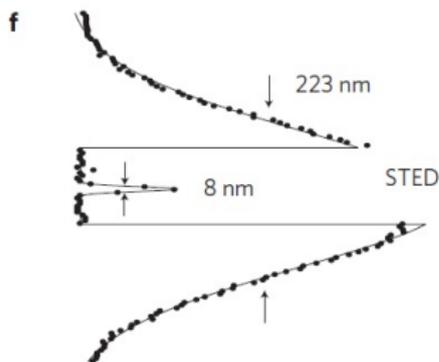
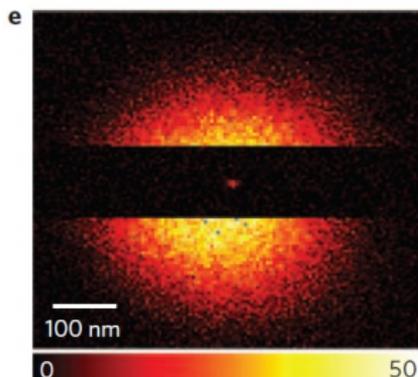
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Limits of Resolution
Modern Microscopes

STED- Microscopy

Principle
Technical Details
State of the Art
Examples



9

Experiment details:

- dye: nitrogen vacancies in diamond
- $I_{STED} = 3.7 \text{ GW/cm}^2$
- $\lambda_{exc} = 532 \text{ nm}$
- $\lambda_{STED} = 775 \text{ nm}$

Results:

- resolution goes up to 8 nm
- with $I_{STED} = 8.6 \text{ GW/cm}^2$ even 6 nm

Diamond Colour Centers

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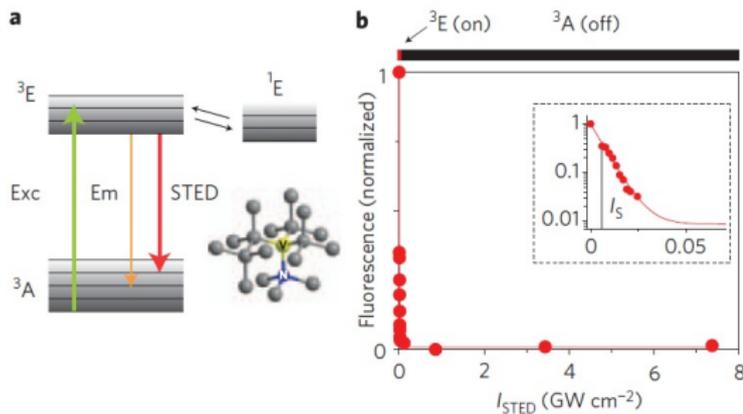
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Limits of Resolution
Modern Microscopes

STED-Microscopy

Principle
Technical Details
State of the Art
Examples



10

- luminescent transitions arising from nitrogen vacancies in the diamond structure

Diamond Colour Centers

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Limits of Resolution

Modern Microscopes

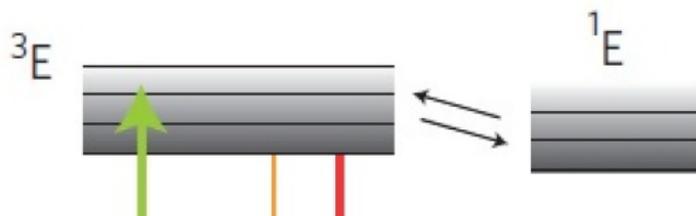
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Microscopy

Principle

Technical Details

State of the Art

Examples



11

- Centers with $m_s = 0$ emit more strongly, because the $m_s = \pm 1$ centers convert often to the metastable state 1E
- optical measurement of spins
- usable as magnetic field sensor or data storage

Conclusion

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Limits of Resolution

Modern Microscopes

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Principle

Technical Details

State of the Art
Examples

- Theoretically no more resolution limits for far field microscopy
- Practically bounded by the destruction threshold or cross section of the medium